

Chapters:

Foreword by Sarah Mae, Angela Perritt, and Ruth Schwenk

The Beginning: What Will Be the Legacy of Your Life

Part 1: Barriers to Owning Your Life: Don't Settle for a Mediocre Life

1. Seeing Beauty and Purpose in Your Ordinary Days: *Owning the Hero Who Lives Inside You*
2. Controlling the Chaos: *Owning Your Priorities and Commitments*
3. Listening to New Voices: *Owning Your True Identity*

Part 2: Owning Your Vision: Mapping Your Life Purpose

4. Living with the End in Mind: *Owning Your Life Vision*
5. Looking to God as Your Life Coach: *Owning God's Training*

Part 3: Owning Your Life by Giving God Control: What Only He Can Do

6. Resting in the Transcendence of God: *Owning the Mystery of His Supremacy*
7. Allowing God's Spirit to Breathe in You: *Owning the Holy Spirit's Strength through Your Life*

Part 4: Owning Your Life by Partnering with God: Attitudes and Actions that Transform

8. Cultivating the Practices that Deepen Your Faith: *Owning the Spiritual Disciplines*
9. Learning to Take Risks: *Owning Your Faith*
10. Tending Your Heart and Investing Your Soul: *Owning Your Emotional Health*
11. Choosing to Overcome: Moving Beyond Hurt: *Owning Your Response to Others*
12. Harvesting a Godly Character: *Owning Your Integrity*

Part 5: Owning Your Life by Loving Well: Creating a Lasting Legacy

13. Pursuing Life's Most Defining Commitment: *Owning Your Choice to Love*
14. Cultivating a Sense of Place: *Owning the Atmosphere of Your Home*
15. Building a Legacy Over a Lifetime: *Owning Your Marriage*
16. Shaping Generations to Come: *Owning Your Motherhood*
17. Living Intentionally to Leave a Legacy of Faith: *Owning the Influence Your Life Can Make*