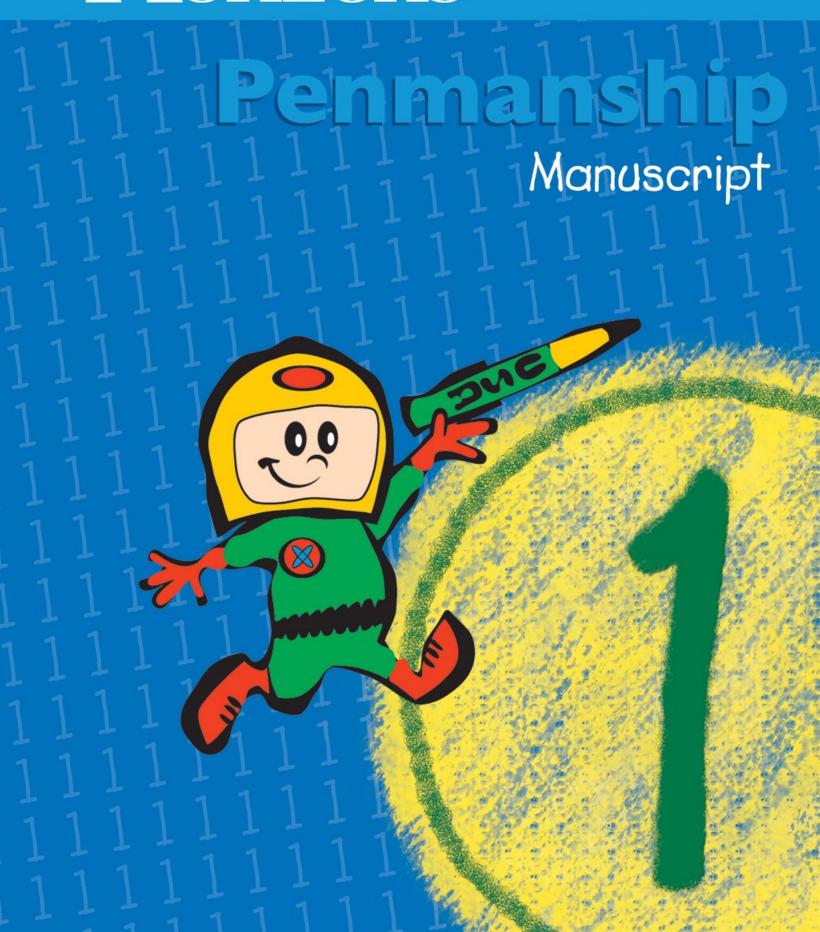
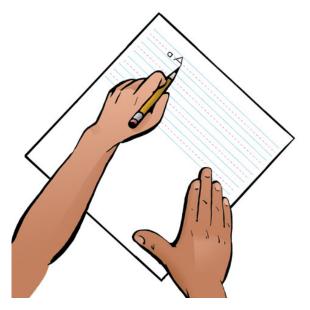
## Forizons





**Correct Right-Handed Position** 

Paper is placed on an angle to the left. Left hand steadies the paper and moves it up as you near the bottom of the page. Right hand is free to write.



**Correct Left-Handed Position** 

Paper is placed on an angle to the right. Right hand steadies the paper and moves it up as you near the bottom of the page. Left hand is free to write. Watch hand positions carefully as shown in the picture.



**Correct Hand and Pencil Position** 

Hold the pencil loosely about 1/2" to 1" above the sharpened point. Hold it between your thumb and index (pointer) finger. Let it rest on your middle finger. Do not grip the pencil tightly or your hand will become very tired. Do not let your hand slip down to the sharp point or you will have difficulty writing properly.



**Correct Posture** 

Sit up tall, leaning slightly forward but not bending over your desk. Have your feet flat on the floor. Both arms will rest on the desk. Hold the paper with your free hand.



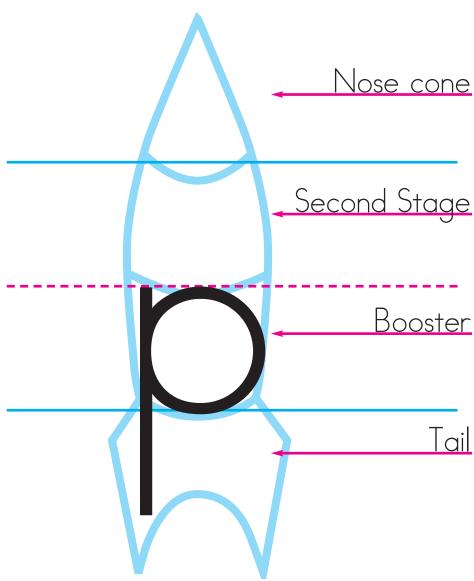
## Cc Dd Ee

## **Correct Spacing**

When practicing your letters separately and, later, when writing your words, use your index (pointer) finger as a guide. Continue to do this until you can easily see the space you need between words without using your finger.

## **Rocket Guide**

The rocket will be your guide to learning your letter formations. All letters will fit into the rocket ship. Some will begin at the top of the second stage. Some will begin at the dotted line that starts the booster. Some will even move down into the tail. Look at your alphabet chart and see where the letters will fit into the rocket.



Horizons Penmanship Grade 1



Lesson 1

Name:



Horizons Penmanship Grade 1





