

Simply Charlotte Mason presents

Individual Studies

A Year of Language Arts, Math, Science



Lesson Plans for Grade 1

by Sonya Shafer

An entire year of step-by-step lesson plans for language arts, science, and math!



The convenient tips, reminders, and pre-planned lessons in this book make it simple to guide your student using Charlotte Mason's effective methods.

These Individual Studies will

- Keep lessons varied, focused, and of appropriate length.
- Emphasize the cultivation of good habits in school work.
- Encourage growth in language arts through living books and literature.
- Guide you in science through nature study, living books, and other resources.
- Allow you to use the math curriculum of your choice.
- Provide a thorough education at an enjoyable pace.

Combine these Individual Studies with our family-combined History Studies and Enrichment Studies for a complete Charlotte Mason curriculum!

Keep It
Simple

One lesson per book per day!

1.  History, Geography, & Bible
Creation to Current
2.  Enrichment Studies
Art, Music, Literature, & More
3.  Individual Studies
Language Arts, Math, & Science

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Charlotte Mason
.com

Individual Studies for Grade 1

*A Year of Lesson Plans
for Language Arts, Math, and Science*

by
Sonya Shafer

Individual Studies for Grade 1: A Year of Lesson Plans for Language Arts, Math, and Science
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Cover Design: John Shafer and Sarah Shafer

ISBN 978-1-61634-303-3 printed
ISBN 978-1-61634-304-0 electronic download

Published by
Simply Charlotte Mason, LLC
930 New Hope Road #11-892
Lawrenceville, Georgia 30045
simplycharlottesmason.com

Printed by PrintLogic, Inc.
Monroe, Georgia, USA

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How to Use

Most school subjects can be taught to your whole family together, but some subjects are best taught individually so you can progress at the student's pace. This book of lesson plans contains suggestions and assignments for individual work for students in grade 1. Complete one lesson plan per day to finish these studies in a school year.

The lesson plans in this book cover reading and writing, science, and math.

Reading & Writing

Since students at this young age vary greatly in readiness for reading and writing, we offer two tracks of plans: A and B. Select the track that best fits your student and follow that track's plans throughout the year.

Track A—For students who are just starting out to learn to read and write. They know the letters and the sounds and have done some word building with short vowels, long vowels, and a few blends. They may or may not know how to write the letters.

Track B—For students who can already read many words and short sentences and can print letters but need more practice reading and writing to gain fluency.

Science

Science can be done individually, or if you have more than one student in grades 1–6, they may all do one science course together. Simply Charlotte Mason has several to choose from.

Nature Study is an important part of science studies; be sure to include it. Follow the Nature Study suggestions in your selected science course or use the nature notebook, *Journaling a Year in Nature*, to guide your weekly study. Nature Study can be done all together as a family, but we have included reminders in these individual plans too.

Math

Use the math curriculum of your choice. These lesson plans will include reminders to work on it. As with other individual work, be sure to go at your student's pace.

Complete Year's Resources List

- Math course of choice
- Simply Charlotte Mason science course of choice
- *Journaling a Year in Nature* notebooks, one per person (optional)

Select Track A or Track B

Track A

- *Delightful Reading, Level 3: From Words to Books Kit*
- *First Steps*
- *Days Go By*
- *More Days Go By*
- *Delightful Handwriting* teacher book
- *Delightful Handwriting* student copybook

The *Delightful Handwriting* student copybook is available in two handwriting styles: the traditional print-straight-up-and-down Zaner Bloser and the print-on-a-slant D'Nealian. Select whichever style you prefer. The teacher book contains instructions for both styles.

Track B

- *Busy Times*
- *More Busy Times*
- *A Child's Copybook Reader, Volumes 1–3*

The copybook readers are available in two handwriting styles: the traditional print-straight-up-and-down Zaner Bloser and the print-on-a-slant D'Nealian. Select whichever style you prefer.

Note: All resources except math are available from Simply Charlotte Mason.

Term 1

(12 weeks; 5 lessons/week)

Term 1 Resources List

- Math course of choice
- Simply Charlotte Mason (SCM) science course of choice
- *Journaling a Year in Nature* notebooks (optional)

Track A

- *Delightful Reading, Level 3: From Words to Books* Kit
- *Delightful Handwriting* teacher book
- *Delightful Handwriting* student copybook
- *First Steps*

Track B

- *A Child's Copybook Reader, Volume 1*
- *Busy Times*

Weekly Schedule (most weeks)

	Day One	Day Two	Day Three	Day Four	Day Five
	Math (15–20 min.)	Math (15–20 min.)	Math (15–20 min.)	Math (15–20 min.)	Math (15–20 min.)
		Science (15–20 min.)		Science (15–20 min.)	(Nature Study)
Track A	Delightful Reading (10–15 min.); Delightful Handwriting (5 min.)	Delightful Handwriting (5 min.); First Steps, begins halfway through the term (10–15 min.)	Delightful Reading (10–15 min.)	Delightful Handwriting (5 min.); First Steps, begins halfway through the term (10–15 min.)	Delightful Reading (10–15 min.)
Track B	Copybook Reader (5 min.)	Copybook Reader (5 min.)	Copybook Reader (5 min.); Busy Times (10–15 min.)	Copybook Reader (5 min.)	Busy Times (10–15 min.)

Lesson 1

Materials Needed

- *Delightful Reading, Level 3: From Words to Books Kit* (Track A)
- *A Child's Copybook Reader, Volume 1* (Track B)
- Math course of choice

Tip: Select either Track A or Track B to complete with your student. You need do only one. See page 7 for detailed descriptions.

Track A: Spend 10–15 minutes working on *Delightful Reading, Level 3: From Words to Books*. Go at your student's pace and be sure to stop the lesson before your student loses attention.

Track B: Help your student read aloud *A Child's Copybook Reader, Volume 1*, page 4.

Math: Work on your selected math curriculum for 15–20 minutes.

Lesson 2

Materials Needed

- *Delightful Handwriting* teacher book (Track A)
- *Delightful Handwriting* student copybook (Track A)
- *A Child's Copybook Reader, Volume 1* (Track B)
- Math course of choice
- SCM science course of choice

Track A: Complete Lesson 1 in *Delightful Handwriting*.

Track B: Have your student carefully copy *A Child's Copybook Reader, Volume 1*, page 5. Encourage him to pay close attention as he copies, for when he is done you will ask him how to spell one of the words. When he has finished the copywork, invite him first to spell any word he remembers from the passage. Ask him to spell *and*; if he is unsure, allow him to look at the word.

Tip: Encourage the habits of attention and best effort in copywork lessons by expecting it to be done right the first time. Mistakes or sloppy work requires the student to recopy the entire passage until it is done well.

Math: Work on your selected math curriculum for 15–20 minutes.

Science: In your SCM science course, complete the first assignment for Week 1. Check the suggested schedule in the course book.

Lesson 3

Materials Needed

- *Delightful Reading, Level 3: From Words to Books Kit* (Track A)
- *A Child's Copybook Reader, Volume 1* (Track B)
- Math course of choice

Math: Work on your selected math curriculum for 15–20 minutes.

Track A: Spend 10–15 minutes working on *Delightful Reading, Level 3: From Words to Books*.

Tip: Set the timer for 10 or 15 minutes and when it alerts you, stop the lesson. You can pick up at that point next time.

Track B: Have your student carefully copy *A Child's Copybook Reader, Volume 1*, page 6. Remind him to pay close attention as he copies, for when he is done you will ask him how to spell one of the words. When he has finished the copywork, invite him first to spell any word he remembers. Ask him to spell *all*; if he is unsure, allow him to look at the word.

Tip: You may complete school assignments in any order that works best for your family's schedule. Try to sequence lessons throughout the day to use different parts of the student's brain and body as you go along. In other words, don't schedule two "book-heavy" assignments back to back. Put the math assignment in between or do some Family work—such as Picture Study or Music Study—in between to break up the readings. Each lesson plan in this book is sequenced to help you with that important principle.

Lesson 4

Materials Needed

- *Delightful Handwriting* teacher book (Track A)
- *Delightful Handwriting* student copybook (Track A)
- *A Child's Copybook Reader, Volume 1* (Track B)
- Math course of choice
- SCM science course of choice

Track A: Complete Lesson 2 in *Delightful Handwriting*.

Track B: Have your student carefully copy *A Child's Copybook Reader, Volume 1*, page 7. When he has finished the copywork, invite him to spell any word he remembers. Ask him to spell *things*; if he is unsure, allow him to look at the word.

Math: Work on your selected math curriculum for 15–20 minutes.

Tip: If you are not able to complete the math lesson in 15–20 minutes, you can schedule another 15- or 20-minute time slot later in the day to finish (if you think it is necessary to do so).

Science: In your SCM science course, complete the second assignment for Week 1.

Lesson 5

Materials Needed

- *Delightful Reading, Level 3: From Words to Books Kit* (Track A)
- *Busy Times* (Track B)
- Math course of choice
- (Optional) *Journaling a Year in Nature* notebooks

Math: Work on your selected math curriculum for 15–20 minutes.

Track A: Spend 10–15 minutes working on *Delightful Reading, Level 3: From Words to Books*.

Track B: Help your student read aloud *Busy Times*, pages 6–16, “A Warm Day.”

Tip: Don't worry if your student doesn't get through all of pages 6–16. There is a scheduled catch-up time in lesson 8.

Nature Study: Take the whole family outside for nature study.

*Tip: Follow the Nature Study suggestions in your SCM science course or use the nature notebooks, *Journaling a Year in Nature*, to guide your weekly nature study.*

Lesson 6

Materials Needed

- *Delightful Reading, Level 3: From Words to Books Kit* (Track A)
- *A Child's Copybook Reader, Volume 1* (Track B)
- Math course of choice

Track A: Spend 10–15 minutes working on *Delightful Reading, Level 3: From Words to Books*.

Track B: Have your student carefully copy *A Child's Copybook Reader, Volume*