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About the Author



Terri Johnson is married to Todd and is the mother of six children. She is the author of eleven books, including Map Trek, A Child's Geography, and the What Really Happened series, which she originally published through her educational publishing company, Knowledge Quest, Inc. Terri loves to spend time with her family, to travel and write so that children can truly understand and appreciate the world we live in, and to help others develop and grow their own businesses. Having sold her publishing company to Master Books at the end of 2019, she is enjoying the life of a freelance business coach, brand strategist, and graphic designer.

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Teacher, Set the Course!

Course Description

This course is designed for about the 4th grade level and scheduled for 3-day weeks over a year-long interactive journey. Using a mix of geography and history, students will learn about the classical world, and the story of different people groups leaving Babel and spreading their culture and influence around the world.

Course Objectives

Students completing this course will:

- Explore the countries surrounding the Mediterranean Sea, including Greece and Italy
- Visit the Balkan Peninsula to explore Albania, North Macedonia, Serbia, and more
- Oiscover historic sites that include castles, monasteries, fortresses, windmills, and ancient ruins
- See how Christians like the Apostle Paul and others helped bring God's Word to the world

Note to Parents/Teachers

In this classical world tour, we are introducing students to various countries, cultures, and customs. We approach this journey from a biblical worldview that affirms the truth of God's Word. As part of the course, students will learn about each country's history, which in a few cases includes very brief details about their false gods, such as the Greek "gods" of Olympus. In today's popular culture, these "gods" are often portrayed as heroes in movies, comic books, and more. We, however, have chosen to take the factual approach, making clear these stories are myths about false gods while reaffirming the eternal truths of the one true God as presented in His Holy Word. We would encourage parents and teachers to take the opportunity to discuss these concepts, so students are equipped with the truth.

Activities

This course contains activities to help students experience some of the concepts in action.

Materials List

There is a helpful supply list for the course on page 9.

Schedule

There is a helpful schedule, included in this book. It starts on page 9 and has divided up the course into 3 days per week. As always, you can adjust the pace and content of the course per the needs of your student.

Grading

It is always the prerogative of an educator to assess student grades however he or she might deem best. The following is only a suggested guideline based on the material presented through this course. To calculate the percentage of the worksheets and tests, the educator may use the following guide. Divide total number of questions correct (example: 43) by the total number of questions possible (example: 46) to calculate the percentage out of 100 possible. 43/46 = 93 percent correct.

The suggested grade values are noted as follows:

 90 to 100 percent = A
 60 to 69 percent = D

 80 to 89 percent = B
 0 to 59 percent = F

 70 to 79 percent = C

Flash Cards and Timeline

This course includes a flash card component from the glossary. Students will need ruled index cards for this part of the course.

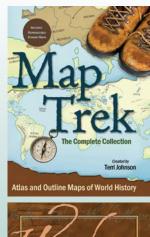
A unique timeline can also be created using paper or other craft items if you wish. You could also use a copy of *Wonders of Old* from Master Books.

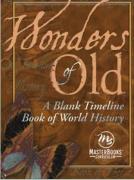
Reviews and Additional Materials

In the back of this book, you will find chapter reviews and a final exam. You will also find additional resources (maps, prayer guide, etc.) for the course, a glossary of terms, and answer keys.

Other books in this series:

Explore His Earth Explore the Holy Land Explore Medieval Kingdoms Explore Viking Realms





Recommended Resources

For a wonderful collection of maps and outlined maps, we recommend *Map Trek*, also available through Master Books.

We recommend *Wonders of Old* for the timeline activity also available through Master Books. This blank timeline book with dates pre-marked from 5000 B.c. to the present provides your student with a better understanding of the flow of history.

Materials List

General Supplies

- □ Pencil
- □ Crayons or colored pencils
- □ Index cards

Chapter 1,

Adventure Challenge 1

- □ Plaster of Paris
- □ Water
- □ Mixing bowl
- □ Measuring cup
- □ Spatula
- □ 10 x 12-inch piece of burlap
- □ Scissors
- □ Wax paper
- □ Watercolor paint
- □ White craft glue
- □ Paintbrushes

Chapter 4,

Adventure Challenge 9

- Construction paper (several colors)
- □ Glue
- □ Scissors (optional)

Chapter 5, **Adventure Challenge 14**

□ Supplies to create a small walled city; can include boxes, blocks, Legos[®], string, duct tape, etc.

Chapter 6,

Adventure Challenge 15

- \Box 1 cup flour
- \square ½ cup salt
- \square ½ cup cold water
- □ Measuring cup
- □ Mixing bowl
- □ Spoon

□ Oven

- □ Page-sized piece of cardboard
- □ Colored paint (optional)

Chapter 6, **Adventure Challenge 17**

 \square 8½ x 11-inch sheet of paper

Chapter 7, **Adventure Challenge 19**

- □ 4 cups all-purpose flour
- □ 1 cup table salt
- \Box 1½ cups warm water
- □ Mixing bowl
- □ Rolling pin
- □ Assorted craft items for decoration
- General cooking supplies: large spoon,
- knife, measuring cups (liquid and solid)

A Tasty Tour Recipe

Grocery List (optional)

Chapter 1: Greek Almond Macaroons

- □ ½ lb. blanched almonds, or almond flour
- □ 2 egg whites
- \square $\frac{2}{3}$ cup sugar
- □ 2 tsp almond extract
- □ 12 −16 almonds, whole or sliced
- □ Cooking supplies: a baking pan or cookie sheet, parchment paper or silicone baking sheet, wooden spoon, food processor

Chapter 2: Greek Salad

- □ 3 ripened tomatoes, cut into chunks
- □ 1 red onion, thinly sliced
- \square ½ of a nice seedless cucumber, cut into bite-size pieces
- □ 1 small yellow bell pepper, seeded and chopped
- □ 1 cup Kalamata black olives

NOTE: Adult supervision and participation required for this part of the course!

A related recipe is included on some chapters of the course.

- □ 2 thick slices Greek feta cheese
- □ ¼ cup extra-virgin olive oil
- □ 3 tbsp red wine vinegar
- □ 1 tsp dried oregano, crushed
- □ Coarse salt and black pepper
- □ Pita bread
- plastic container with lid, griddle, or grill pan

Chapter 4: Musaka

- □ 1 eggplant
- □ Salt
- □ Flour
- □ 0il
- □ 1 cup cooked rice
- □ 2 chopped onions
- □ 1 lb. ground beef and/or pork
- \Box 3 eqgs
- □ ½ cup milk
- □ Salt and pepper to taste

□ Cooking supplies: large bowl, skillet, baking dish

Chapter 5: Fried Meatballs of Albania

- □ 1 lb. ground meat
- □ 1 small onion, finely grated
- □ 2 tbsp chopped Feta cheese
- □ ¼ cup bread crumbs
- 2 tbsp oil or melted butter
- Fresh herbs (mint and oregano)
- □ Salt and pepper
- \Box 1 cup flour
- □ Cooking supplies: large bowl, skillet

Chapter 6: Rice Pudding

- □ 3 tbsp unsalted butter, plus more for greasing pan
- \square ³/₄ cup white rice
- □ 5 cups whole milk
- □ 5 egg yolks

- □ Cooking supplies: large bowl, small

- □ 2 tsp vanilla extract
- □ ½ tsp salt
- □ 1 cup white sugar
- □ 1½ tsp cornstarch
- □ 1 tsp grated lemon zest
- □ ½ tsp ground cinnamon
- □ ½ tsp ground nutmeg
- □ 1 cup heavy cream
- □ ½ to ¾ cup raisins, optional
- Cooking supplies: 13 x 9 x 2-inch baking pan, double boiler, large bowl

Chapter 7: Slava Cake of Serbia

- □ 2 packages active dry yeast
- □ 1 tsp sugar
- □ 3 tbsp flour
- □ 2 cups warm water
- 1 tsp salt
- □ 1 cup butter, softened
- □ 3 eggs, slightly beaten
- □ Grated rind and juice of 1 lemon
- □ 4 tbsp sugar
- □ 6 to 7 cups bread flour or all-purpose flour
- □ 1 egg, beaten with 1 tbsp water
- Cooking supplies: small bowl or liquid measuring cup, large bowl, mixer, 9-inch-round, 3-inch-deep pan, a pastry or basting brush

Chapter 8: Tufahija

- 4 medium apples (a bit under-ripe for best results)
- □ 2 cups sugar
- □ 3 cups water
- □ ½ lemon, juice of
- □ ½ cup walnuts
- □ 1 tbsp raisins
- Whipped cream, to serve (do not use cool whip, it's too sweet for this!)
- □ Cooking supplies: large pan (big enough for 4 apples), apple corer or knife, 2 medium containers, food processer or manual chopper

Chapter 9: Crepes from Croatia

- □ 1 cup all-purpose flour
- □ 2 eggs
- □ ½ cup milk
- □ ½ cup water
- □ ¼ tsp salt
- 2 tbsp butter, melted
- Cooking supplies: large bowl, whisk or blender, griddle or frying pan, spatula

Chapter 10: Kremšnita

- □ 4 cups milk
- □ 8 eggs
- □ ½ cups sugar
- □ ¼ cups flour
- □ 2 tsp vanilla
- □ ½ cup powdered sugar
- □ 2 puff pastry sheets
- □ 3 cups heavy whipping cream
- Cooking supplies: rolling pin, baking sheet, heavy saucepan, 2- to 3-inchdeep pan

Chapter 12: Easy Homemade Potato Gnocchi

- □ 4 medium russet potatoes
- □ 1 tsp salt, plus more for the water
- □ 1 tsp pepper
- □ 1 egg
- □ 1½ cups all-purpose flour, extra to dust
- □ 2 tbsp butter for pan frying
- □ Sage leaf
- Cooking supplies: large pot, peeler, potato masher, whisk, rolling pin, dough rolling board

Chapter 13: Antipasti

- □ A variety of your favorite sliced deli meats and a variety of cheeses
- □ Olives (any variety)
- □ Pickled or roasted vegetables
- □ Bread (your choice)
- Cooking supplies: platter, basket, or container for the bread

Chapter 14: Fast and Filling Flatbread Pizza

- □ 1 package of flatbread
- □ 1 jar of pizza sauce
- 2 oz of Mozzarella cheese (fresh, pearls, or shredded) per flatbread pizza
- Any of your favorite toppings: black olives, pepperoni, mushrooms, bacon, green peppers, sausage (cooked), onions, other cheeses, etc.
- Cooking supplies: baking or cookie sheet

Schedule

Date	Day	Assignment	Due Date	\checkmark
Week I	I	Read Introduction on page 15.		
	2	Read Chapter 1: "Greece [part 1]: Island Hopping" on pages 17–22.		
	3	Complete Adventure Challenge 1 on pages 23–24.		
	I	Continue to read Chapter 1 (Santorini and Mykonos) on pages 25–30.		
Week 2	2	Complete Adventure Challenge 2 on on pages 31–32.		
	3	Continue to read Chapter 1 (Skyros) on pages 33–37. Complete "A Tasty Tour (Optional)" on page 38.		
	1	Complete Activity Challenge 3 on page 39. Review timeline, do flash cards, and complete Mapping It Out on pages 40–41.		
Week 3	2	Complete Chapter 1 Review on pages 391–392. Answer the Travel Journal questions on page 42.		
	3	Read Chapter 2: "Greece [part two]: In the Beginning" on pages 43–48.		
	I	Complete Adventure Challenge 4 on pages 49–50.		
Week 4	2	Continue to read Chapter 2 (Delphi and Athens) on pages 51–58.		
	3	Complete Adventure Challenge 5 on page 59. Complete "A Tasty Tour (Optional)" on page 60. Review timeline and do flash cards on page 61.		
	I	Complete Chapter 2 Review on pages 393–394. Answer the Travel Journal questions on page 62.		
Week 5	2	Read Chapter 3: "Greece [part three]: The Four-Fingered Hand" on pages 63–68.		
	3	Complete Adventure Challenge 6 on pages 69–70.		
	I	Continue to read Chapter 3 (Metéora and Thessalonica) on pages 71–76.		
Week G	2	Review map, timeline, and do flash cards on pages 77–78. Complete Adventure Challenge 7 and Mapping It Out on pages 79–81.		
	3	Complete Chapter 3 Review on pages 395–396. Answer the Travel Journal questions on page 82.		
	I	Read Chapter 4: "North Macedonia: A Land Older Still" on pages 83–88.		
Week 7	2	Complete Adventure Challenge 8 on pages 89–92.		
	3	Continue to read Chapter 4 (Old Town and Bitola) on pages 93–96.		
	I	Complete Adventure Challenge 9 on pages 97–99. Complete "A Tasty Tour (Optional)" on page 100.		
Week 8	2	Continue to read Chapter 4 (Ohrid) on pages 101–105.		
	3	Review timeline, complete Adventure Challenge 10, Mapping It Out, and flash cards on pages 106–109.		

Date	Day	Assignment	Due Date	\checkmark
Week 9	I	Complete Chapter 4 Review on pages 397–398. Answer the Travel Journal questions on page 110.		
	2	Read Chapter 5: "Albania: Land of the Soaring Eagle" on pages 111–116.		
	3	Complete Adventure Challenge 11 on pages 117–118.		
	I	Continue to read Chapter 5 (Tirana and Ohrid trout) on pages 119–122.		
Week IO	2	Complete Adventure Challenge 12 on pages 123–124.		
	3	Continue to read Chapter 5 (Shkoder) on pages 125–128.		
	I	Complete Adventure Challenge 13 on pages 129–130.		
Week II	2	Continue to read Chapter 5 (Rozafa Castle and Durres) on pages 131–137.		
	3	Review timeline, complete Adventure Challenge 14, do flash cards and Mapping It Out on pages 138–141. "A Tasty Tour" is optional.		
	I	Complete Chapter 5 Review on page 399. Answer the Travel Journal questions on page 142.		
Week I2	2	Read Chapter 6: "Montenegro: In the Shadow of the Black Mountain" on pages 143–150.		
	3	Complete Adventure Challenge 15 on pages 151–154.		
	I	Continue to read Chapter 6 (Bay of Kotor) on pages 155–158.		
Week I3	2	Complete Adventure Challenge 16 on pages 159–160.		
	3	Continue to read Chapter 6 (Cetinje) on pages 161–164.		
	I	Review map, timeline, complete Adventure Challenge 17, flash cards, and Mapping It Out on pages 165–169.		
Week 14	2	Complete Chapter 6 Review on pages 401–402. Answer the Travel Journal questions on page 170.		
	3	Read Chapter 7: "Serbia: Old Fortresses and Hidden Monasteries" on pages 171–176.		
	I	Complete Adventure Challenge 18 on pages 177–178.		
Week 15	2	Continue to read Chapter 7 (Belgrade and train) on pages 179–182.		
	3	Complete Adventure Challenge 19 on pages 183–184.		
	I	Continue to read Chapter 7 (Fruška Gora and Kosovo) on pages 185–190.		
Week IG	2	Review map, timeline, do flash cards, complete Adventure Challenge 20 and Mapping It Out on pages 191–195. "A Tasty Tour" is optional.		
	3	Complete Chapter 7 Review on pages 403–404. Answer the Travel Journal questions on page 196.		

Date	Day	Assignment	Due Date	\checkmark
Week I7	I	Read Chapter 8: "Bosnia and Herzegovina: Like Peanut Butter and Jelly" on pages 197–200.		
	2	Complete Adventure Challenge 21 on pages 201–202.		
	3	Continue to read Chapter 8 (Sarajevo) on pages 203–204.		
	I	Complete Adventure Challenge 22 on pages 205–206.		
Week 18	2	Continue to read Chapter 8 (Illyria and Slavic Tribes) on pages 207–210.		
	3	Complete Adventure Challenge 23 on pages 211–212.		
	I	Continue to read Chapter 8 (Mostar) on pages 213-216.		
Week 19	2	Review map, timeline, do flash cards, complete Adventure Challenge 24 and Mapping It Out on pages 217–221. "A Tasty Tour" is optional.		
	3	Complete Chapter 8 Review on page 405. Answer the Travel Journal questions on page 222.		
	I	Read Chapter 9: "Croatia: Dalmatians, Dukedoms, and Deep-sea Diving" on pages 223–228.		
Week 20	2	Complete Adventure Challenge 25 on pages 229–230.		
	3	Continue to read Chapter 9 (Zagreb) on pages 231–236.		
	I	Review map and timeline, do flash cards and Croatia Create It (optional) on pages 237–238.		
Week 21	2	Complete Adventure Challenge 26 and Mapping It Out on pages 239–241. "A Tasty Tour" is optional.		
	3	Complete Chapter 9 Review on page 407. Answer the Travel Journal questions on page 242.		
	I	Read Chapter 10: "Slovenia: At the Crossroads" on pages 243-248.		
Week 22	2	Complete Adventure Challenge 27 on pages 249-250.		
	3	Continue to read Chapter 10 (Ljubljana) on pages 251–258.		
	I	Review map, timeline, complete Adventure Challenge 28, Mapping It Out, and flash cards on pages 259–263. "A Tasty Tour" is optional.		
Week 23	2	Complete Chapter 10 Review on pages 409–410. Answer the Travel Journal questions on page 264.		
	3	Read Chapter 11: "Italy [part one]: A City with No Streets" on pages 265–268.		
	I	Complete Adventure Challenge 29 on pages 269–270.		
Week 24	2	Continue to read Chapter 11 (St. Mark's Square) on pages 271–276.		
	3	Complete Adventure Challenge 30 on pages 277–278.		

Date	Day	Assignment	Due Date	\checkmark
Week 25	I	Continue to read Chapter 11 (Verona) on pages 279–284.		
	2	Review map, timeline, do flash cards and Mapping It Out on pages 285–287.		
	3	Complete Chapter 11 Review on pages 411–412. Answer the Travel Journal questions on page 288.		
	I	Read Chapter 12: "Italy [part two]: A Feast for the Eyes and Stomach" on pages 289–294.		
Week 26	2	Complete Adventure Challenge 31 on pages 295–296.		
	3	Continue to read Chapter 12 (Florence) on pages 297-302.		
	1	Complete Adventure Challenge 32 on pages 303–304.		
Week 27	2	Continue to read Chapter 12 (Pisa and Siena) on pages 305-310.		
	3	Complete "A Tasty Tour (Optional)" on page 311. Review timeline, do flash cards and Adventure Challenge 33 on pages 312–313.		
	I	Complete Chapter 12 Review on pages 413–414. Answer the Travel Journal questions on page 314.		
Week 28	2	Read Chapter 13: "Italy [part three]: Rome, the Eternal City" on pages 315–318.		
	3	Complete Adventure Challenge 34 on pages 319–320.		
	I	Continue to read Chapter 13 (Colosseum and Vatican) on pages 321–326.		
Week 29	2	Complete Adventure Challenge 35 on pages 327–328.		
	3	Continue to read Chapter 13 (Pantheon) on pages 329-332.		
	I	Review map, timeline, do flash cards and Mapping It Out on pages 333–335. "A Tasty Tour" is optional.		
Week 30	2	Complete Chapter 13 Review on page 415. Answer the Travel Journal questions on page 336.		
	3	Read Chapter 14: "Italy [part four]: Land of Pizzas, Vendettas, and Volcanoes" on pages 337-344.		
	I	Complete Adventure Challenge 36 and 37 on pages 345–348.		
Week 3I	2	Continue to read Chapter 14 (Sicily and Sardinia) on pages 349-354.		
	3	Complete Adventure Challenge 38, do flash cards, and review timeline on pages 355–357. "A Tasty Tour" is optional.		
	I	Complete Chapter 14 Review on pages 417–418. Answer the Travel Journal questions on page 358.		
Week 32	2	Read Chapter 15: "Malta: Shipwrecked" on pages 359–364.		
	3	Complete Adventure Challenge 38 on pages 365–366.		

Date	Day	Assignment	Due Date	\checkmark
Week 33	I	Continue to read Chapter 15 (megaliths and Gozo) on pages 367–372.		
	2	Review map and timeline and do flash cards on pages 373-374.		
	3	Complete Adventure Challenge 39 and Mapping It Out on pages 375–377.		
	I	Complete Chapter 15 Review on page 419. Answer the Travel Journal questions on page 378.		
Week 34	2	Review maps and Chapter Reviews 1–3.		
	3	Review maps and Chapter Reviews 4–6.		
	I	Review maps and Chapter Reviews 7–9.		
Week 35	2	Review maps and Chapter Reviews 10-12.		
	3	Review maps and Chapter Reviews 13–15.		
	I	Review glossary words.		
Week 36	2	Study day for final exam.		
	3	Complete final exam on pages 421–422.		